Five-Shot Questionnaire

BRIEF DESCRIPTION	This a short, self-administered questionnaire developed to recognize heavy alcohol drinking in its early phase. A combination of AUDIT and CAGE questions, Five-Shot only takes 1 minute to fill in. It has only been studied among Finnish men and among men and women in Belgium.
TARGET POPULATION	⊠ Adults
	☐ Adolescents (over 16 years)
	Groups for which this instrument might be especially helpful?
	Tested among male early-phase heavy drinkers in Finland and men and women in Belgium
ADMINISTRATIVE ISSUES	Number of items: 5
	Number of subscales:
	Format(s): 🗵 Pencil-and-paper self-administered
	☐ Interview
	☐ Observation
	☐ Computer self-administered
	☐ Other
	Time required for administration: 1 minute
	Administered by: Self
	Training required for administration? \square yes \boxtimes no
SCORING	Time required to score/interpret: 1 minute
	Scored by: Nurse or physician
	Scoring key? \square yes \boxtimes no
	Computerized scoring or interpretation available? \square yes \boxtimes no
	Norms available? \boxtimes yes \square no
	Instrument normed on subgroups? \boxtimes yes \square no
	Which groups? Moderate and heavy drinkers, alcoholics

PSYCHOMETRICS	Have reliability studies been done? \boxtimes yes \square no
	What measure(s) of reliability was used?
	☐ Test-retest
	☐ Split half
	☐ Internal consistency
	Have validity studies been done? ⊠ yes □ no
	What measures of validity have been derived?
	Content
	☐ Criterion (predictive, concurrent, "postdictive")
	Construct
CLINICAL UTILITY OF INSTRUMENT	Short, easy to fill in, everyday practice. Recommended especially for use by primary health care GPs and family physicians. More studies needed to find out its validity and reliability especially, among women and in different cultures.
RESEARCH APPLICABILITY	It is not applicable for research purposes as "gold standard."
SOURCE, COST AND COPYRIGHT ISSUES	Copyright: ☐ yes ⊠ no
	Cost: None
	Source: Kaija Seppa
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	Department of General Practice
	FIN-33014 University of Tampere Finland
	Europe
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SOURCE REFERENCE	Seppa, K., Lepisto, J. & Sillanaukee, P. (1998). Five-shot questionnaire on heavy drinking. <i>Alcoholism: Clinical and Experimental Research</i> 22(8):1788-1791.
SUPPORTING REFERENCE	Seppa, K., Makela, R. & Sillanaukee, P. (1995). Effectiveness of the Alcohol Use
	Disorders Identification Test in occupational health screenings. <i>Alcoholism:</i> Clinical and Experimental Research 19(4):999-1003.
FOREIGN LANGUAGE VERSIONS AND HOV	V TO OBTAIN
Belgian	
Finnish	Available from K. Seppa